

AcuEnergetics® Level 1 Training

This weekend course is an eye-opening experience, teaching you how to increase your awareness and sensitivity to the bio-electrical system in the body. This class is both practical and experiential you learn meditations, energetic techniques and an energetic balance, you will discover a fresh approach to all aspects of your life, learning skills to open your heart and bring you more joy, love and energy.

This is a journey of self-discovery through the heart.

WHO is this class for?

- Anyone open to learn more about self-care and how to heal themselves holistically.
- If you have a desire to help others through holistic energy healing.
- Do you have curiosity about the bodies electric function and how it can be used to heal the body.

WHAT will you learn?

- Simple & profound meditations to still the mind and open the heart.
- How to feel your own and other people's energy centers.
- The First Gate energetic opening technique.
- How to open your bio-electrical field and balance another person's.
- The first stage of Release work: How to release held emotions which cause illness in the body.
- A basic introduction to the physiology of the bio-electrical body.
- Radiance, resonance and magnetic hand techniques for healing illness.
- The first level of training to becoming an AcuEnergetics® Practitioner.



COST \$595

(call to get this, \$545 when you pay with cash or check)

February 20 & 21

9am-6pm

LOCATION:

Our Yoga Place

8002 Mediterranean Dr, Estero FL 33928

REGISTER: www.healingwatershealth.com

Or call **Healing Waters Health Center**

651-430-2866